

ROCHE COVID-19 RAPID ANTIGEN TEST INSTRUCTIONS

Before you use your test, please ensure that it has been held at room temperature (15-30°C/ 59-86°F) for at least 30 minutes.

TEST KIT CONTENTS

- Test device
- Extraction buffer tube
- Nozzle cap
- Sterile swab
- Instructions for use



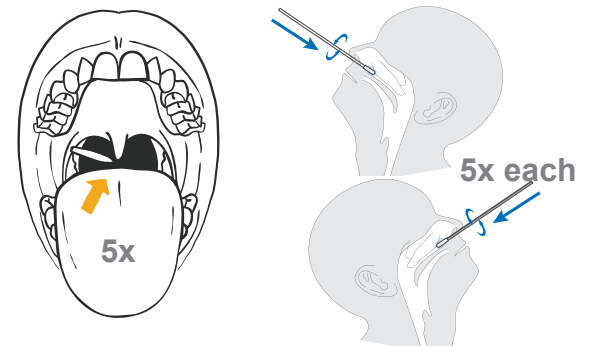
visit cyfn.ca/covid-19 for "how to videos"

KIT PREPARATION

- Open the foil pouch and remove the test device and the desiccant package.
- Use the test immediately after opening the pouch.
- Ensure that the test device is undamaged and that the desiccant status indicator shows valid (yellow).

SPECIMEN COLLECTION

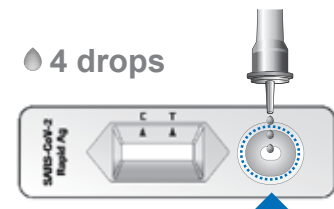
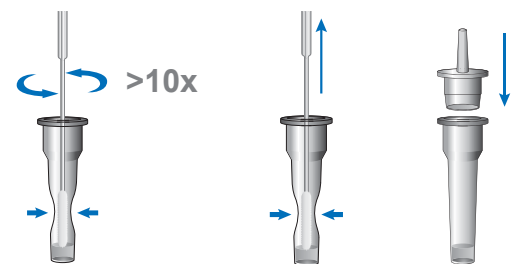
- Tilt head back slightly and open your mouth.
- Without touching the sides of your mouth or tongue, use the swab to rub the back of your throat (area shaded black in the drawing) 5 times back and forth (this may cause you to gag).
- Insert swab approximately one inch (about 2 cm) into nostril.
- Slowly rotate the swab in a circular path against the nasal wall at least **5 times for a minimum of 15 seconds**.
- Repeat in other nostril using the same swab.



TEST PROCEDURE

Carefully open the extraction buffer tube. Avoid spillage; if buffer is spilled, do not use the tube.

- Insert the swab into the extraction buffer tube. While squeezing the buffer tube, stir the swab at least 10 times.
- Remove the swab while squeezing the sides of the tube to remove excess liquid from the swab.
- Press the nozzle cap tightly onto the tube.
- Apply 4 drops from the tube into the specimen well of the test device.
- Wait for 15-30 minutes, the read test results.



INTERPRETATION OF TEST RESULTS

Positive: A colored band will appear in the top section of the result window to show the test is working properly. This band is control line (C). A second colored band will appear in the bottom section of the result window; this second line indicates the test is positive (T). The colored line may be faint or bright in color as depicted below.

- If your self-administered test result is positive, you are presumed to have COVID-19.
- You should immediately self-isolate
- Please follow public health guidance provided with your kit on what to do if your test result is positive

Negative: A colored band will appear in the top section of the result window to show that the test is working properly. This band is control line (C). There will be no color line in the lower result window (T) as depicted below.

If your self-administered test is negative, it's less likely that you have COVID-19. If you have no symptoms and have not been exposed to COVID-19, you can carry on with your daily activities. Make sure you continue to follow all public health advice.

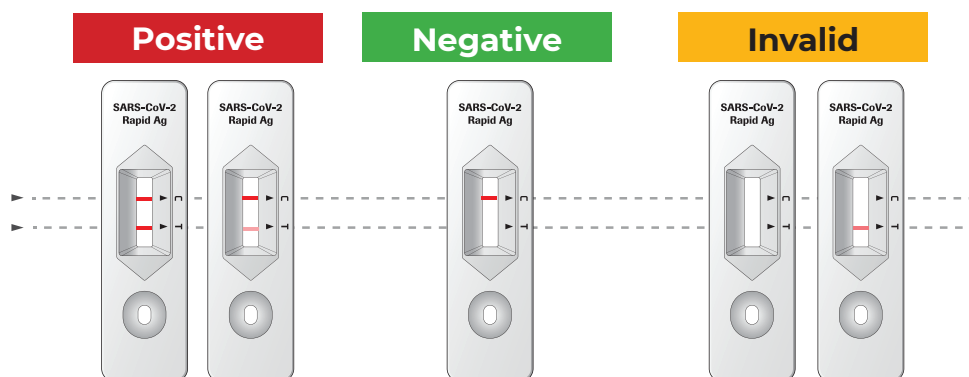
If you have symptoms, repeat your rapid antigen test in 48 hours. If it is positive, follow the direction provided above for positive result. If it is negative follow the direction above provided for negative result.

If you tested negative but still have symptoms, stay home until your symptoms have resolved.

Invalid: There will be no evidence of colored lines in any section of result window (C or T) OR a line will only appear in the lower result window (T).

If you have symptoms of COVID-19 repeat the test. You should continue to follow all public health advice on limiting the spread of COVID-19.

For guidance about how to interpret your results and what they mean for you and your household contacts, visit www.yukon.ca/covid19-testing



KIT STORAGE AND STABILITY

- Do not freeze the kit. Store it between 2 and 30°C, out of direct sunlight.
- The kit must be used before the expiration date printed on the outer box.

KIT DISPOSAL

- Dispose of kit and related supplies in household garbage

For more information about rapid antigen testing, visit: www.yukon.ca/covid19-testing

For more information about support services for self-isolation, visit: <https://yukon.ca/en/self-isolation-facility-assistance>

