

STAY SUPER

EAT HEALTHY BEAT DIABETES



How much do you know about diabetes?

1. Obesity increases the risk of getting diabetes

True False

2. Risk of getting diabetes is higher if a parent has it

True False

3. People with type 1 diabetes can live without insulin

True False

4. Diabetes can cause kidney failure and blindness

True False

5. Regular physical activity has no impact on preventing diabetes or its complications

True False

WORLD HEALTH DAY 2016

#diabetes | www.who.int/whd/diabetes



Go to the World Health Day website for the answers:
www.who.int/whd/quiz/en

